



Redeemer Radiates

October 2018



Redeemer Lutheran Church
4513 Williams Road Fort Worth, TX. 76116

WEB SITE: Church—[http:// www.redeemerfw.org](http://www.redeemerfw.org)
Church Phone: 817-560-0030
Pastor Grassley office: revgrassley@charter.net
Church Office: redeemerlutheran@charter.net

| | |
|---------------------------------------|------------------------|
| Pastor | David A. Grassley |
| Administrative Assistant | Melody Smith |
| Music Director | Dr. Pamela Butler |
| Congregational President | Clark Penas |
| Congregational VP | Duane Janssen |
| Advisor | Roy Schroeder |
| Chairman, Board of Elders | Paul Wagner |
| Chairman, Board of Trustees | Donald Thorpe |
| Chairman, Finance Board | Mark Hinrichs |
| Chairman, Christian Day School | Kevin Penning |
| Chairman, Christian Education | Debbie Thomas |
| Chairman, Mission Ministry | Georgia Hotaling |
| Chairman, Stewardship | Edna Janssen |
| Chairman, Fellowship | Lori Penning |
| Chairman, Ushers | Eric Skiles |
| Treasurer | Melody Smith |
| Congregational Secretary | Open |
| Janitor/ Groundskeeper | George “Dell” McDaniel |
| Sexton | Joe Masterson |

The Pastor's Corner

A Man Called Martin

Last year we celebrated the 500th anniversary of the Lutheran Reformation. Before the Reformation, Martin (1483–1546), suffered great spiritual anxiety about his salvation.

But in his study of the Scriptures, especially St. Paul's letter to the Romans, he found a loving and gracious God who bestowed the free gift of salvation, received by faith *alone*, and not by works. This resolved his personal turmoil.



But his turmoil with the Church of Rome was just beginning. In 1517 he posted his famous 95 Theses on the door of the Castle Church in Wittenberg. While these were applauded by many within Germany, they were seen as a threat to the Church of Rome. Several attempts at reconciliation failed, and Luther the hopeful critic became Luther the fiery reformer.

He was summoned before the Diet of Worms in 1521 where Luther refused to retract his teachings. He courageously took his stand on Scripture *alone* as the final authority for all matters of faith and life. It was here that he said:

I cannot and I will not retract anything, since it is neither safe nor right to go against conscience. I cannot do otherwise. Here I stand.

The Diet ordered his immediate seizure, but he was spirited away by friends. He went into hiding in Wartburg. There, under the protection of Elector Frederick III of Saxony, Luther translated the New Testament into German and began a translation of the entire Bible. He then returned to Wittenberg, where he stayed for most of the remainder of his life.

Where does Luther stand among the great men of history? Henry Halley (not a Lutheran), in his much-loved *Halley's Bible Handbook*, says of the Germany reformer: "Martin Luther, next to Jesus and Paul [is] the Greatest Man of all the ages. He led the world in its break for Freedom from the most Despotic Institution of history."

Thank God that He raised up a man like Luther to lead the Church back to the Bible, back to Christ, and back to the Biblical faith of the apostles and prophets. As St. Paul so succinctly said, "For by grace are you saved, through faith, and that not of yourselves; it is the gift of God, not of works, lest any man should boast" (Ephesians 2:8-9).

Pastor Grassley

ELDER OF THE MONTH OF OCTOBER:

Robert Lewis



ANNIVERSARIES IN OCTOBER:

| | |
|-------|-----------------------------|
| 10/01 | John & Shirley Pitcher (69) |
| 10/16 | Gene & Mary Morones (62) |
| 10/29 | Joseph & Pamela Butler (35) |

BIRTHDAYS IN OCTOBER:

| | | | |
|-------|----------------|-------|-----------------|
| 10/03 | Charles Malitz | 10/18 | Dustin Hollar |
| 10/04 | Bernice Cahill | 10/18 | Dan Shackelford |
| 10/05 | Ron Neben | 10/28 | Katrina Thomas |
| 10/17 | Mark Drewes | 10/30 | Erin Thorpe |
| 10/17 | Debbie Zulfer | 10/31 | Jerry Gonzalez |



ALTAR FLOWERS FOR OCTOBER:

- 10/07 Betty Landy in celebration of Libby's birthday.
- 10/28 Randy & Debbie Thomas in celebration of Katrina's 11th birthday.



The congregation extends Christian sympathy to the family and friends of Betty Landy upon the death of her nephew, Daniel Riley. Daniel died Tuesday, September 25th in Ohio of cancer. Please keep Betty in your prayers.

The congregation also extends Christian sympathy to Mark McGee on the passing of his mother, Jeanette McGee, on September 7, 2018.

If you have any news you'd like to share with the congregation, email it to the Church Office and we will put it in the upcoming Newsletter.

For some reason, our system pulled in the previous address of Elaine DeTurck instead of her current address of **917 Crown Valley Dr., Hudson Oaks, TX 76087**. Please make that correction in your new directory. Thanks.

Pastor Tim Miller will be here Sunday, October 21st to give us a report about what is going on with Lutheran Bible Translators during the Sunday School hour. Please come and greet Tim and Michelle while they are here in the states.

BOARD INFORMATION

Whole Person Health Ministry:

Annual Fall Flu Immunization clinic is our first and most important event in October. See attached flyer and flu information facts: Understanding the Flu. The CDC highly recommends an annual flu immunization for infants 6 months through all ages. Our clinic is on Wednesday, October 3rd from 4:45 – 7:15 pm in the Family Life Center.

Look for Cathy, Donna and the WPHM Cabinet and Volunteers this year in the aqua Thrivent tee-shirts. A grant was applied for and received to promote our clinic to the surrounding community especially targeting the high need 76116 zip code areas. All are welcome to attend, first come, first served while supplies last. Cook Children's will be immunizing infants 6 months through age 17. All others will be immunized by nurses from Texas Health Harris Methodist Southwest Fort Worth Hospital.

- We concluded our second A Matter of Balance Workshop in the past one year at Redeemer on September 20th, with a total of 11 participants, including 4 from Redeemer. See our class picture on the Narthex and Parish hall WPHM Bulletin boards. We hope to repeat this great workshop annually.
- Be Stronger, Live Longer has 12 participants when everyone attends. All are welcome to our low impact strength, balance and flexibility class every Tuesday morning at 9 am in the Family Life Center.
- Blood Pressure Screening in October will be the second Sunday, 10/ 14/18 as Donna is out of town on the third Sunday. Again, anyone is welcome to come over to the Parish Hall following Divine Service for this quick vital signs checkup. We are set up for about a half hour following dismissal of the service. If you let us know you are planning to come, we will stay set up for you.
- BLOOD DRIVE along with the Church Picnic is following Divine Service on Sunday, October 28th in the Family Life Center. The sign-up sheet is posted on the WPHM Narthex Bulletin board for you to choose a time you

would be able to donate at our Blood Drive on Sunday, 10/28. Hoping for a lot of additional donations on picnic Sunday.

- Looking ahead to November, we are again planning our annual Pre-Thanksgiving Fundraiser Bake Sale on Sunday, November 18th. Please support our sale for our added non-budget needs throughout the year. If funds remain at the end of a year that amount is applied toward battery packs and pads replacements for our 2 campus AED Defibrillators. We are always open to members other than our Cabinet members and volunteers offering to bake for us as we are a small group.

Closing with this from Visitation, Resources for the Care of Souls edited by Arthur A. Just, Jr. and Scot A. Kinnaman: “Life is desirable only as we live in the sunshine of God’s grace streaming into His courts. Apart from His presence, worries and anxieties depress us and remove the joy of living. God, however, pours out His blessings, and He holds us safely above the troubles of this world. Therefore, we can be hopeful and confident even in the sickbed and the invalid chair. In His presence, even a life of only one more day is the full life. God promises us salvation in Christ and makes us unafraid of eternity and lets us rest in peace every day. A promise!”

Donna Riccono, RN, Parish Nurse

Mission Ministry:

For October’s Mission, we are collecting sewing supplies for the Quilters.



Thank you for donating the sodas and snacks to our Youth Group.

Also, we can always use help **packing grocery bags for LSSS** on the 1st Thursday of the month at 10am. We meet in the Mission Center.



We will be doing our Braille Bible books at St. Paul LC Friday, October 12th at 7:00.

Here's a reminder about bringing in cancelled stamps, pop tops (aluminum tabs) and coupons. You can drop those off in the Church Office.

God's Blessings!!
Georgia Hotaling

Youth Group:

The youth group would like to sincerely thank everyone who came out to support us on Friday night. A special thanks to Nancy M. who spent hours in the kitchen helping to prepare the food 😊 Redeemer has consistently exceeded our expectations with the support it has shown to this ministry. You should know that your youth group feels completely loved and supported here and is grateful for the kind words and thoughtful gestures that we receive on a regular basis.

-Troy and Serena F., Al R., Alena and Lailee F., Suzie M., Maria W., Dylan B., David P., James P., and John P.

Fellowship:

Mark your calendar for the church picnic on October 28th following Divine Service. We will picnic on the lawns with hamburgers, hotdogs and side dishes. Please plan to attend and get caught up with your pewmates. We look forward to seeing everyone there.



Christmas
by
Candlelight

If you have an idea for a program for Christmas by Candlelight, please let Lori know at (817) 249-2374. We have interest in having one, but no ideas as of yet.

Please remember in your prayers: **Members:** Anne Allen; Bettye Baird; Jocelynn Collins; Elaine deTurck; Serena Freiberg; Frances Graham; Betty Landy; Mark McGee; Eva Merritt; Gene Morones; Anna Moser; Rev. Richard Nelson; Lori Penning; Judy Pitre; Charles Ruhmann; Bettie Schatte; John Schatte; Alan Schaubhut; Dan Shackelford; Lucille Skehan; Bill Skokan; Beth Snodgrass; David Thomas; Randy Thomas; Stormi Thomas; Ben Wagner; Mildred Wagner; Jeanette Zulfer. **Relatives of members:** Nanci Alcorn; Jan Anderson; Bill Baird; Kala Barnett; Bobby Blackman; Janet Bliss; Susan Boudreaux; Ellie Jo Carberry; Meril Christenson; John Baars Connell; Dean Crocket; Shirley English; Jason & Denise Ford; Pat Ford; Pat Garnet; JoAnn Gibbs; Alan Goulet; Andrew Graham; Glen Hammett; Bob Herrmann; Ed & Sue Herrmann; Margaret Hollar; Craig & Trina Hotaling; Jeanette Hutchinson; Arleen Hayek; Debbie Hyden; Louetta Lewis; David Littlefield; Peggy Madison; Alison McMurray; Chuck Merritt; Jim Moser; Kevin Neville; Lynda Quirey; Ed Pace; Sam (Riccono) & Kelly & Paul; Marilyn Riley; Ryan Robinette; Steve & Carolyn Saucedo; John Sergent; Timothy Sherman; Brian Stevens; Matthew and Shantel Schatte; Family of Davey Thomas; Jacob Thomas; Danielle Tyus; Scotty Walker; Pat Wyer. **Friends of members:** Kelley Adams; John Allison; Sammie Atwell; Steve Briscoe; Dawn Brown; Renee Brown; Wayne & Barbara Brown; Joseph Burdick; Elinore Cocca; Dan Crofts; Jolene Crowe; Lauren DiGiovanni; Robert Edmonds; Parker Garret; Candy & Bruce Grantham; Larry Hoffman; Nancy Hood; Kyle Hopkins; The Aaron Johnson Family; Peg Kennedy; Telina Manbek; Charlene Marroquin; Julie Miranda; Marshall Martinez; Jed Oidtman; Deann Pearson & Family; Linda Riojas and daughters, Zoe and Sage; Sheersha; Camilla Ryan; Dannette Taylor; Tina Taylor; Jerry Walker.



From “*Martin Luther Day by Day*”
October 7

*But even if you should suffer righteousness’ sake,
you will be blessed. Have no fear of them, nor be troubled, but in your
hearts honor Christ the Lord as holy, always being prepared to make a
defense to anyone who asks you for a reason for the hope that is in you.
1 Peter 3:14-15*

Rely on Christ Alone



The world is defiant and courageous when its moneybags and bins are full. Then there is such pride and defiance that the devil could not get along with a rich peasant. . . One who has a little more power, honor, knowledge, favor, money, or goods refuses to yield to another person. But if we look at this aright, we find nothing but a foolish or childish reliance, without any stability . . . Christians have nothing to rely on but Christ, their Lord and God. They willingly surrender all things for His sake and say, “Before I deny or forsake my Christ, I will bid farewell to neck and belly, honor and goods, house and home, wife and child, and everything!” Therefore, this courage cannot be a sham

or a delusion: it must be genuine and real. Its comfort is not rooted in earth’s temporal or transient things, for the sake of which it would be willing to suffer this. No, it pins its hopes solely on the Lord Christ, who was crucified and died for us . . . Whatever a Christian does and suffers in faith in the Lord Christ is absolute truth, proper, and right: and he can boast truthfully and joyfully that it is approved by God and all the angels. A Christian is sure of his position and fears neither the devil nor the world: neither is he intimidated by any threat or terror.

From *Sermons on the Gospel of John*, Chapters 14-16 (Luther’s Works 24:118-19)

Here's an interesting article written by Gracie Bonds Staples, a journalist at the *Atlanta Journal-Constitution*:

Study Shows Value to Children of Attending Religious Services

ATLANTA

For some time now, the percentage of U.S. adults who say they regularly attend religious services has been declining.

Studies by the Pew Research Center reveal as much as a 4 percent drop in the last four years – from 39 percent in 2013 to 35 percent in 2017 – but if attending church, mosque, synagogue or some other service is a regular practice in your life, you didn't need a study to know that.

In my corner of the world at least, falling attendance has been clear for some time. Empty pews don't lie. Funny thing is I suspect we owe at least some of the drop to the internet.

The online streaming option is to make services available to the sick and shut-in, but I hear a lot of able-bodied folks are choosing bedside Baptist, forgetting Hebrews 10:25, which tell us not to forsake “assembling of ourselves together, as the manner of some is, but exhorting one another: and so much the more, as ye see the day approaching.”

Most of us (81 percent) who continue to show up do so to grow closer to God. Sixty-nine percent say they want to give their children a moral foundation, while 68 percent cite becoming a better person and 66 percent find comfort in times of trouble or sorrow.

I was struck recently by the findings of yet another study by T.H. Chan School of Public Health at Harvard University.

The study, published in the *American Journal of Epidemiology*, found that children who were raised in a religious or spiritual environment were better protected from depression, substance abuse and other risky behaviors.

While previous studies have linked adults' religious involvement to better health and well-being, including lower risk of premature death, this one included more than 5,000 youths who were followed eight to 14 years.

Tyler Vander-Weele, professor of epidemiology at Harvard's school of public health and lead author of the study, said that with adult populations, it is the

communal forms of religious participation, like religious service attendance, that are most strongly associated with subsequent mental and physical health.

It's worth noting that the researchers controlled for many variables such as maternal health, socioeconomic status, and history of substance abuse or depressive symptoms, to try to isolate the effect of religious upbringing.

The study results showed that people who attend religious services at least weekly in childhood and adolescence were about 18 percent more likely to report higher happiness as young adults (ages 23-30) than those who never attended services. They were also 29 percent more likely to volunteer in their communities and 33 percent less likely to use illicit drugs.

Those who prayed or meditated at least daily while growing up were 16 percent more likely to report higher happiness as young adults, 30 percent less likely to have started having sex at a young age, and 40 percent less likely to have a sexually transmitted infection compared to those who never prayed or meditated.

“This shows that a religious or spiritual upbringing can powerfully affect health behaviors, mental health and overall happiness and well-being.” Vander-Weele said.

Why?

Data alone can't answer that question, but he suspects having a shared set of beliefs, values and practices, has a lot to do with it. It also helps that adolescents who attend religious services have other adult members of their community, beyond their parents, who can serve as mentors and role models.

FLU IMMUNIZATION CLINIC

**Redeemer Lutheran Church
4513 Williams Road
Fort Worth, TX 76116**

**Wednesday, October 3rd
5 pm – 7 pm in our Family Life Center**

- **Texas Health Harris Southwest Hospital Nurses will administer Adult Flu Vaccine including Senior strength (if desired) for those over 65.**
- **Cook Children's Nurses will administer Pediatric Flu Immunizations for children ages 6 months – age 18!**
- **Refreshments**
- **Blood Pressure Screening will be available**
- **St. Paul Lutheran Church Comfort Dogs, Pax and Phoebe**

Your friends, neighbors and relatives welcome first come first served while supplies last.

For questions see or call Donna Riccono, RN, Redeemer Faith Community Nurse: 817-999-3253

Understanding the Flu

What is the flu?

The flu is a contagious virus that infects the nose, throat, and sometimes the lungs. The best way to prevent getting the flu is by getting a flu vaccine every year and frequent handwashing.

Flu Signs and Symptoms:

Signs and symptoms of the flu usually begin 1 to 4 days after being infected with the flu. These may include:

- Suddenly feeling very sick
- Fever and chills
- Cough and sore throat
- Runny or stuffy nose
- Body aches
- Headache
- Feeling very tired (fatigue)
- Vomiting and diarrhea (more common in young children)



When are people with the flu contagious?

People can spread the flu during the first 3 to 4 days of becoming sick. However, some people can infect others 1 day before feeling sick, and up to 5 to 7 days after becoming sick.

How prevent the flu?

- Get a flu vaccine every year
- Stay away from people who are sick
- Cover coughs and sneezes
- Avoid touching your eyes, nose, and mouth (germs spread this way)
- Frequent handwashing

I heard the flu vaccine is not very effective this year. Should I still get one?

A person who has gotten the flu vaccine, and who has later been exposed to the flu may have a less severe illness if they do get sick with the flu. So it is recommended that you still get the flu vaccine even if it is less effective that year.

What do I do if I get the flu?

- Rest and increase fluids
- Use tissues to cover all coughs and sneezes
- Wash your hands often
- Stay home and avoid contact with others as much as possible until after 24 hours after your fever is gone
- Wear a mask if you must go out in public
- Call your doctor when you first get sick if you are worried, or if you are in a high-risk group
- Take fever-reducing medicine or specific flu medicine that can help with flu symptoms

How do I know if I have a cold or the flu?

Tests are available to diagnose the flu. Sometimes, it is hard to tell the difference between the flu and other colds. Here is a helpful comparison of common characteristics of colds and the flu:

| Symptoms | Cold | Flu |
|-------------------------------|---------------------------------|------------------------------|
| How It Starts | Starts a little at a time | Starts quickly all at once |
| Headache | Rare | Common |
| Fever | Rare | Usual, lasts 3 to 4 days |
| Body Aches & Pains | Slight | Usual, often severe |
| Chills | Uncommon | Common |
| Tiredness/Weakness | Sometimes | Usual, can last 2 to 3 weeks |
| Runny/Stuffy Nose | Common | Sometimes |
| Sneezing | Common | Sometimes |
| Sore Throat | Common | Sometimes |
| Chest Discomfort/Cough | Mild to moderate, hacking cough | Common, can be severe |

| | | |
|----------------------|------------------------------|--|
| Complications | Sinus congestion, earache | Bronchitis, pneumonia, can be life- threatening |
|----------------------|------------------------------|--|

Source: Accessed 1-16-18 from: <https://www.cdc.gov/flu/keyfacts.htm> | <https://www.cdc.gov/flu/about/qa/coldflu.htm>



Doctors on the medical staff practice independently and are not employees or agents of the hospital except for resident doctors in the hospital's graduate medical education program.

EXTHR215 1/18EP

October 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|---|--|
| | 1 Pastor Appreciation Month 6:30 PM - 8:00 PM Youth Group Meeting 7:00 PM - 8:30 PM LifeLight, Hotaling's 7:00 PM - 8:30 PM LifeLight, Rearick & Riccono | 2 8:30 AM - 9:30 AM Be Stronger - Live Longer 10:00 AM - 11:00 AM Tuesday Morning Bible Class 2:00 PM - 3:00 PM Ladies's Bible Study 6:30 PM - 8:30 PM Adult Choir Practice 7:00 PM - 8:30 PM Jr. Confirmation Class | 3 10:00 AM Quilting 4:45 PM - 7:15 PM Flu Immunization Clinic 7:00 PM - 8:00 PM Adult Instruction Class 7:00 PM Wednesday Evening Bible Study | 4 10:00 AM Grocery Bags for LSSS 7:00 PM Board Meetings | 5 | 6 3:00 PM - 5:00 PM McGee Homeschool Event |
| 7 10:30 AM Divine Service | 8 6:30 PM - 8:00 PM Youth Group Meeting 7:00 PM - 8:30 PM LifeLight, Hotaling's 7:00 PM - 8:30 PM LifeLight, Rearick & Riccono | 9 8:30 AM - 9:30 AM Be Stronger - Live Longer 10:00 AM - 11:00 AM Tuesday Morning Bible Class 2:00 PM - 3:00 PM Ladies's Bible Study 6:30 PM - 8:30 PM Adult Choir Practice 7:00 PM - 8:30 PM Jr. Confirmation Class | 10 10:00 AM Quilting 7:00 PM - 8:00 PM Adult Instruction Class 7:00 PM Wednesday Evening Bible Study | 11 7:00 PM Church Council Meeting | 12 7:00 PM Braille @ St. Paul | 13 |
| 14 10:30 AM Divine Service 11:45 AM Blood Pressure Check after Service | 15 6:30 PM - 8:00 PM Youth Group Meeting 7:00 PM - 8:30 PM LifeLight, Hotaling's 7:00 PM - 8:30 PM LifeLight, Rearick & Riccono | 16 8:30 AM - 9:30 AM Be Stronger - Live Longer 10:00 AM - 11:00 AM Tuesday Morning Bible Class 2:00 PM - 3:00 PM Ladies's Bible Study 6:30 PM - 8:30 PM Adult Choir Practice 7:00 PM - 8:30 PM Jr. Confirmation Class | 17 10:00 AM Quilting 7:00 PM - 8:00 PM Adult Instruction Class 7:00 PM Wednesday Evening Bible Study | 18 | 19 | 20 |
| 21 10:30 AM Divine Service | 22 6:30 PM - 8:00 PM Youth Group Meeting 7:00 PM - 8:30 PM LifeLight, Hotaling's 7:00 PM - 8:30 PM LifeLight, Rearick & Riccono | 23 8:30 AM - 9:30 AM Be Stronger - Live Longer 10:00 AM - 11:00 AM Tuesday Morning Bible Class 2:00 PM - 3:00 PM Ladies's Bible Study 6:30 PM - 8:30 PM Adult Choir Practice 7:00 PM - 8:30 PM Jr. Confirmation Class | 24 10:00 AM Quilting 7:00 PM - 8:00 PM Adult Instruction Class 7:00 PM Wednesday Evening Bible Study | 25 7:00 PM - 8:00 PM Mysterion | 26 | 27 |
| 28 Blood Drive 10:30 AM Divine Service 12:00 PM - 3:30 PM Church Picnic 12:30 PM Dinner with Members | 29 6:30 PM - 8:00 PM Youth Group Meeting 7:00 PM - 8:30 PM LifeLight, Hotaling's 7:00 PM - 8:30 PM LifeLight, Rearick & Riccono | 30 10:00 AM - 11:00 AM Tuesday Morning Bible Class 2:00 PM - 3:00 PM Ladies's Bible Study 6:30 PM - 8:30 PM Adult Choir Practice 7:00 PM - 8:30 PM Jr. Confirmation Class | 31 10:00 AM Quilting 7:00 PM - 8:00 PM Adult Instruction Class 7:00 PM Wednesday Evening Bible Study | | 2 | 3 |